



PARENTS HANDBOOK

HOUSE LEAGUE HOCKEY IN STOUFFVILLE

★ FOR THE 2019/20 SEASON

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The WSMHA House League Hockey Program is intended for all players, no matter what skill level, they all benefit from the opportunity to participate. House League allows players to enjoy the sport of hockey in a controlled, fun, non-checking environment, while improving the players' individual and team skills through practice and games. Emphasis is on players' skills, sportsmanship and love of the game. All players will be given equal playing time during games, regardless of game situations. Continued skill acquisition and development are the primary goals of house league. Winning or losing takes a backseat to the development of every WSMHA player in our house league.



EQUIPMENT CHECKLIST

SHOULDER PADS

ELBOW PADS

GLOVES

STICK

HOCKEY PANTS

HOCKEY SOCKS*

SHIN GUARDS

C.S.A. approved
HOCKEY HELMET
with FACE MASK

MOUTH GUARD

NECK GUARD

JERSEY*

JOCK/JILL**

GARTER BELT/TAPE
to hold socks**

SKATES

*Both Jersey and socks will be supplied after teams are finalized.
**Jock shorts include Velcro sock grips and cup pocket and are easier for younger children.



SCHEDULE (SUBJECT TO CHANGE)

• Acton / May / Hassard

Initiation Program (IP) (2013-2015)

- Children are divided into 3 divisions based on experience, skill and age.
- Games: Saturdays, 6 time slot rotation between 7:15am - 12:15pm
- Practices: Sundays 6 time slot rotation between 9:15am - 2:15pm

• Minor Novice (2012)

- Games: Saturdays 7am or 8am
- Practice's: Sundays 12pm or 1pm

• Major Novice (2011)

- Games: Saturdays 9am, 10am or 11am
- Practice's: Sundays 2pm, 3pm or 4pm

• Atom (2010/2009)

- Games: Saturdays 11am, 1:15 or 2:15pm
- Practices: Sundays 3:15, 4:00 or 4:15

• Pee wee (2008/2007)

- Games: Saturdays 2:00, 3:15 or 4:15pm
- Practices: Sundays 5:00, 5:15 or 6:15pm

• Bantam (2006/2005)

- Saturdays 12pm or 1pm
- Sundays 6pm or 7pm
- Potential games with Markham during their time slots

• Midget / Juvenile (1999-2005)

- 1-2 games/week
- Sundays 7:15, 8:15 or 9:15pm
- Thursdays 8:15, 9:15 or 10:15pm



Hockey Canada Novice Mandate

Effective with the upcoming 2019-20 season Hockey Canada together with the OMHA have mandated a number of changes to programs for 7-8 year olds - Formerly Tyke now Minor Novice and Novice. These changes are designed to increase emphasis on basic skill development and fair play and reduce emphasis on competition and include:

- * No competitive team tryouts before September
- * Minimum of 4 pre-try out "skates"
- * Structured try outs- skill, small area game, formal game.
- * No elimination style play-offs
- * No tournaments before January 15
- * Half ice games for Minor Novice; half-ice games for Novice until January 15
- * No full-time goalies, players rotate thru all positions
- * Blue pucks first half, black pucks second half
- * Fixed practice/game ratios "Development Phase"(8 weeks), "Regular Season Phase" (20 weeks)
- * No Rostered Select teams

The WSMHA will be implementing these changes to both our House League and Rep programs and will be supporting the benefits of these skills as mandated by Hockey Canada.



RULES OF HOUSE LEAGUE



IP (Acton, May Hassard)

- Cross Ice (4 on 4)
- 3 Min Buzzers Acton - 2 Min May & Hassard
- No Ref's
- Periods: 20/20 min
- Penalties: Offending player misses shift, team plays full strength
- Blue Pucks

Minor Novice

- Half Ice (4 on 4)
- 1 Min Buzzers
- Has Ref's
- Periods: 22/22 min
- Penalties: Offending player misses shift, team plays full strength
- Blue Pucks



RULES OF HOUSE LEAGUE



Major Novice

- Half Ice (4 on 4) until Jan 15th 2020 then Full Ice (5 on 5)
- Handshakes before the game starts.
(refs will use this time to check for mouth guards)
- 1 Min buzzers in 1st half
- Icing, Offsides and 'On the fly" shift changes are introduced in 2nd half
- Rotated goalies
- Periods: 22/22 min
- Blue pucks until Jan 15th 2020 then Black

Atom & Up

- Full Ice (5 on 5)
- Handshakes before the game starts.
(refs will use this time to check for mouth guards)
- Icing & Offsides are called
- Shift changes on the fly
- Full time goalies who switch ends in between periods
- Periods: 14/14/14 min
(3rd period will be shaved down to fit ice time)
- Last minute of 3rd period is stop time if the score is within 2 goals.



PRACTICE MAKES PERFECT!

Total Hockey Skills Returns For Another Season!

All levels from Acton to Novice will receive 4-6 Saturdays of Skills Development with them.

There will also be 2 sets of training sessions available for an additional fee. More info will be emailed out when it becomes available.



Rostered Select Program

What is Rostered Select?

Rostered Select (RS) hockey, is a bridge between house-league hockey and a more competitive level. All house-league players are invited to try out for the Rostered Select teams. If a player is chosen for, and then agrees to join an RS team, the player will still play with his or her house league team. However, the child also plays with his or her RS team independently of house league. They will play against Stouffville's neighbouring towns' RS teams and may also play in 1-3 tournaments throughout the year. There is an additional cost for joining an RS team, although this cost is not as great as it is for rep hockey. Parents should be prepared to pay approximately \$500.00 to as much as \$1,000.00 per player in addition to the WSMHA registration fee. Those amounts fluctuate depending on team-fundraising efforts, sponsorships, etc. As with rep teams, the head coach and team manager of the team provide a budget for expected team finances at the commencement of the season, and the team may acquire sponsors or organise fundraising events to offset the team expenses.

Who can play RS?

In order to attend these tryouts the player must be registered with WSMHA. *If you live out of area, you will have to check with the office to make sure you are eligible.* All players wishing to try out for the RS team must attend the tryouts. The RS coach will pick his/her team from all skaters who tryout.

All Rostered Select Players **MUST** play in the house league division, and attend house league practices in addition to being on the RS team. **House league is a prerequisite of rostered select and as such, takes precedence over RS.*

As per Hockey Canada and OMHA mandate, Rostered Select teams start in the Atom division and above.



SPECIAL EVENTS



HERE ARE JUST SOME OF THE SPECIAL EVENTS OUR HL PARTICIPATES IN THROUGHOUT THE SEASON:

- Hallowe'en Costume Contest for IP division
- Team Photo Day
- Holiday Toy Drive
- Interleague games with Markham
- December Tournament / Skills Competition
- Championship day



Important Dates



- First Day Sept 21st
- Meet Your Team Oct 5th
- No Hockey on Thanksgiving Weekend
- Halloween Skate Oct 27th
- Picture Day - November 16 & 17
- Christmas Skate Dec 21st
- No Hockey Dec 22nd
- No Hockey Dec 28th & 29th
- No Hockey March 15th-21st
- Championship Day March 28th



Mandatory Respect in Sport

One of the most common reasons coaches, managers, officials and athletes, of all ages, cite for leaving sport is unacceptable parent behaviour. **The Respect in Sport Parent Program** will help define a standard of behaviour for all parents and create a more rewarding, safe and respectful environment for everyone involved. Parents want to do a great job supporting their kids. Respect in Sport provides parents with the tools to do just that.

Before your child can take the ice a parent must complete this online course. If you have already taken the course for another child, you still need to log into your OMHA account, go to the Child Management Section and add the new player's info.

<https://omhahockeyparent.respectgroupinc.com>



Mandatory Rowan's Law

The Ontario Government has enacted Rowan's Law (Concussion Safety), 2018, S.O. 2018, c. 1 ("Act"). Ontario Regulation 161/19, the Act requires all sport organizations as defined in the Regulation ("Sports Organization"), which includes the Ontario Hockey Federation ("OHF"), to have a Concussion Code of Conduct. This Concussion Code of Conduct must require participants, as set out in the Act, to review the Ontario Government's issued Concussion Awareness Resources on an annual basis.

Applicable age appropriate Concussion Awareness Resources are located at www.ontario.ca/concussions.

An OHF Acknowledgement Form must be completed, signed and submitted to the hockey office for every player. Email info@wsmha.com

Download the Acknowledgement form here:

https://wsmha.com/Pages/14395/Step_1_-_Mandatory_-_Rowan_s_Law/





VOLUNTEERS NEEDED

**WSMHA IS RUN BY DEDICATED VOLUNTEERS, ON & OFF ICE.
PLEASE CONTACT US IF YOU ARE ABLE TO ASSIST IN ANY
WAY**

★ wsmhahouseleague@gmail.com

Contacts

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